

## Pulmonary Fibrosis FACTS

**Pulmonary Fibrosis** (an Interstitial Lung Disease) is a **progressive disease** in which lung tissue becomes thickened, stiff, and scarred (fibrotic). The brain, heart, and other organs are **deprived of oxygen** needed to function properly. The scarring is **irreversible**.

**PF** is largely **progressive** and progressive PF is **100% FATAL**

**More than 40,000 people DIE** from Idiopathic Pulmonary Fibrosis **every year** (as many as die from breast cancer)

**50,000 NEW CASES** of PF are diagnosed annually

There are **over 200,000** people living with PF in the US and **5 million** worldwide

**ANYONE can get PF**—adults ages 30-80 are at higher risk

The only pharmacologic **TREATMENTS** are medications to **slow the progression of PF** and extend life expectancy

**There is no CURE** for Pulmonary Fibrosis

**PATIENTS gradually lose the ability to breathe** as their lungs become fibrotic

Since **2001** the number of patients with PF has **increased by 150%**

More than **50%** of cases are **misdiagnosed** for a year or more

## Pulmonary Fibrosis FACTS

**Pulmonary Fibrosis** (an Interstitial Lung Disease) is a **progressive disease** in which lung tissue becomes thickened, stiff, and scarred (fibrotic). The brain, heart, and other organs are **deprived of oxygen** needed to function properly. The scarring is **irreversible**.

**PF** is largely **progressive** and progressive PF is **100% FATAL**

**More than 40,000 people DIE** from Idiopathic Pulmonary Fibrosis **every year** (as many as die from breast cancer)

**50,000 NEW CASES** of PF are diagnosed annually

There are **over 200,000** people living with PF in the US and **5 million** worldwide

**ANYONE can get PF**—adults ages 30-80 are at higher risk

The only pharmacologic **TREATMENTS** are medications to **slow the progression of PF** and extend life expectancy

**There is no CURE** for Pulmonary Fibrosis

**PATIENTS gradually lose the ability to breathe** as their lungs become fibrotic

Since **2001** the number of patients with PF has **increased by 150%**

More than **50%** of cases are **misdiagnosed** for a year or more

## Pulmonary Fibrosis FACTS

**Pulmonary Fibrosis** (an Interstitial Lung Disease) is a **progressive disease** in which lung tissue becomes thickened, stiff, and scarred (fibrotic). The brain, heart, and other organs are **deprived of oxygen** needed to function properly. The scarring is **irreversible**.

**PF** is largely **progressive** and progressive PF is **100% FATAL**

**More than 40,000 people DIE** from Idiopathic Pulmonary Fibrosis **every year** (as many as die from breast cancer)

**50,000 NEW CASES** of PF are diagnosed annually

There are **over 200,000** people living with PF in the US and **5 million** worldwide

**ANYONE can get PF**—adults ages 30-80 are at higher risk

The only pharmacologic **TREATMENTS** are medications to **slow the progression of PF** and extend life expectancy

**There is no CURE** for Pulmonary Fibrosis

**PATIENTS gradually lose the ability to breathe** as their lungs become fibrotic

Since **2001** the number of patients with PF has **increased by 150%**

More than **50%** of cases are **misdiagnosed** for a year or more

**LUNG TRANSPLANTATION** is the only “cure” and it’s **not a cure** because **50% of patients listed will die before transplant** and most will not survive more than 5 years

**Less than 1%** of PF patients will get a lung transplant

**FOUR TIMES AS MANY** people have **PF** as Lou Gehrig’s or CF

**PF** receives considerably **LESS GOV’T FUNDING** than other diseases

Most cases of **PF** are **IDIOPATHIC**—”no known cause”

**PF** is approximately **20% GENETIC**

### **SYMPTOMS of Pulmonary Fibrosis**

Symptoms of **Pulmonary Fibrosis** can include:

- Shortness of breath
- Chronic dry hacking cough
- Clubbing of fingers and/or toes
- Fatigue and weakness
- Abnormal chest sounds (Velcro sound)
- Loss of appetite
- Unexplained weight loss

**For more information about PF**

[www.BreatheSupport.org](http://www.BreatheSupport.org)

[BreatheWithPF@gmail.com](mailto:BreatheWithPF@gmail.com)  
[@BreatheWithPF](https://www.instagram.com/BreatheWithPF)



**LUNG TRANSPLANTATION** is the only “cure” and it’s **not a cure** because **50% of patients listed will die before transplant** and most will not survive more than 5 years

**Less than 1%** of PF patients will get a lung transplant

**FOUR TIMES AS MANY** people have **PF** as Lou Gehrig’s or CF

**PF** receives considerably **LESS GOV’T FUNDING** than other diseases

Most cases of **PF** are **IDIOPATHIC**—”no known cause”

**PF** is approximately **20% GENETIC**

### **SYMPTOMS of Pulmonary Fibrosis**

Symptoms of **Pulmonary Fibrosis** can include:

- Shortness of breath
- Chronic dry hacking cough
- Clubbing of fingers and/or toes
- Fatigue and weakness
- Abnormal chest sounds (Velcro sound)
- Loss of appetite
- Unexplained weight loss

**For more information about PF**

[www.BreatheSupport.org](http://www.BreatheSupport.org)

[BreatheWithPF@gmail.com](mailto:BreatheWithPF@gmail.com)  
[@BreatheWithPF](https://www.instagram.com/BreatheWithPF)



**LUNG TRANSPLANTATION** is the only “cure” and it’s **not a cure** because **50% of patients listed will die before transplant** and most will not survive more than 5 years

**Less than 1%** of PF patients will get a lung transplant

**FOUR TIMES AS MANY** people have **PF** as Lou Gehrig’s or CF

**PF** receives considerably **LESS GOV’T FUNDING** than other diseases

Most cases of **PF** are **IDIOPATHIC**—”no known cause”

**PF** is approximately **20% GENETIC**

### **SYMPTOMS of Pulmonary Fibrosis**

Symptoms of **Pulmonary Fibrosis** can include:

- Shortness of breath
- Chronic dry hacking cough
- Clubbing of fingers and/or toes
- Fatigue and weakness
- Abnormal chest sounds (Velcro sound)
- Loss of appetite
- Unexplained weight loss

**For more information about PF**

[www.BreatheSupport.org](http://www.BreatheSupport.org)

[BreatheWithPF@gmail.com](mailto:BreatheWithPF@gmail.com)  
[@BreatheWithPF](https://www.instagram.com/BreatheWithPF)

